



MICAH PROJECTS



**Breaking Social Isolation  
Building Community**

# People , Systems, Rough Sleeping

What have we learnt?

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9 August, 2018

## Australia

- Inequality is growing , the cost of living is increasing, attitudes are changing
- Economic inequality, gender inequality, racism and discrimination
- Structural drivers of homelessness: poverty, exclusion and economic prosperity are increasing, loss of social capital,
- Silo Systems between the aggregation of multiple agencies, organisation, and populations
- Governance arrangements in relation to homelessness are complex, federal State Local
- Role of different tiers of government and role non government agencies has shifted
- Personal experiences combined: vulnerability, disability ,trauma , domestic violence ,poverty
- End in mind : Homelessness is solvable and we can reduce the impact of poverty

## Homelessness can and does happen across a lifespan

- We meet people on our streets of all ages, and stages of life from birth to death, at any transition point
- Some it is from a “shock” and traumatic event or adverse incidents , episodic
- Others it has been intergenerational since they were children and or long periods of time
- 25% of people on the streets have been in out of home care as children
- We need to know our neighbors who live on our streets by name and circumstances
- We need to include data with the narrative of people’s experience , both those who are experiencing homeless and those who work alongside them

## Dual Purpose : a home and a quality of life

- Access and Sustaining Housing: Creating and Sustaining a Home
- Quality of life: Individual needs and responses, different population groups, ages and stages, health, services designed around individual needs, risk and capacity
- Partnerships, Consortiums, Collaboration: to create new systems, increase capacity, break down silos
- Capacity to do what we know works, at a scale that is needed, across span of hours till 12 md , 365 days a year; focused on housing and personal outcomes with people. Need to go beyond single programs to matching the scale to need across population groups in local communities

## Assertive outreach to the streets

- Assertive outreach as applied to rough sleeping and homelessness requires some different characteristics
- It is proactive – the worker will need to make more effort than the person to engage and negotiate, breaking down the mistrust and options
- It is reliable and consistent to the place where people are sleeping, living, gathering, solving episodic crisis quickly, value of brokerage
- Focus on both relationship with the person and focused on a housing option often by lots of negotiation

## Assertive outreach to the streets

- start with the hardest people first who are chronic homelessness
- Resolve crisis quickly for people who are episodically homeless
- match housing allocation and support : coordinated entry
- prioritizing needs based on risk of morbidity , people are dying on the streets
- campaigns setting local targets have been helpful
- Counting up to targets, 50, 500 or counting down to Zero
- Coordinated effort: local council, police, assertive outreach mental health teams, street to home teams, health and housing providers
- Integration of healthcare, better health outcomes , reduce ED presentations and hospitalization

## Supportive Housing: Housing First continuum

- assertive outreach teams are often expected to do outreach to people whilst living on the streets and in their transition to housing. This is not realistic and sustainable
- need to scale up Supportive Housing providing diversity in size and scale and the diversity to match support needs. It needs a disciplined approach
- combination of density and scattered housing in community with on site or outreach services.
- Many evaluations show the essential ingredients of combining housing and support , we need the diversity, and we need to scale up what works
- Supportive Housing policy need to set the enablers for enabling the right people to access the right housing, healthcare and support

## Supportive Housing: Corporation of Supportive Housing USA

- Supportive Housing is affordable housing with flexible services that help vulnerable people access and maintain housing and community supports needed to live independent and dignified lives . It is focused on addressing the needs of vulnerable individuals and families that are often disconnected from community and receiving services ineffectively delivered from multiple systems , or in crisis and institutional settings. It is a sub set of the much larger affordable and private housing markets and represents a small but critical portion of housing and services needed nationally . Supportive Housing uses a holistic approach to bridge these gaps and make communities stronger, safer, healthier ,often reducing public costs and improving the quality of life of people living in supportive housing.
- Data driven work can assist local communities to assess need by looking at data across a spectrum of public systems.

## Supportive Housing: Corporation of Supportive Housing USA

- Aging Population 110,000 (25%)
- Family Systems 50,000 ( 5%)
- Individual Homeless Systems 95,000 (9 %)
- Disability 270,000 (25%)
- Justice system 260,000 (23%0
- Mental Health System 65,000 (6%)
- Substance use Systems 40,000 (4%)
- Youth Systems (4%)

## Working as local communities

- Each community is different, but drivers of homelessness are often similar
- The introduction of registry weeks/ connection week have brought communities not just service providers together to work towards a vision
- The use of a common tool to assist with matching people's needs and housing, and tracking progress , making evidence based decisions
- Working towards homelessness being rare, brief and non re-occurring and housing being affordable and stable
- looking at the whole population of people and working with the diversity of need, difference and similarity of circumstances and the range and types of housing types

## Moving Forward

- Reclaim and maintain the vision to work towards Ending Homelessness : we all created what was the Road Home Policy document – it is still relevant
- whilst we need to work one person one family at a time this will not solve homelessness as social, economic, and personal and family issue that it is
- Preventing homelessness – Turn off the Tap , Cross systems leadership and investment
- Aligning Systems to support people : Housing, Healthcare, Childcare, Employment and Training, Trauma related supports and services, Family Support and Child Protection, Domestic and Family Violence.
- Look at personal outcomes, economic benefit, using and creating evidence
- Listening to experiences –ensuring diversity

## National Agenda

- Preventing Homelessness: Early Intervention
- Advance to Zero : a national campaign to end homelessness, starting with rough sleeping in communities who participate
- Housing Supply: Supporting the Everybody's Home Campaign
- Establish Permanent Supportive Housing for those who need it : Housing and Support
  - Locally identify the number of permanent supportive housing
- Essential Links between Housing and Healthcare for chronic homelessness. Other linkages with families and children eg child protection
- Partnerships: addressing poverty, domestic violence, child poverty , mental health