

The background of the slide is a green-tinted image of a cityscape. In the foreground, there is a body of water and a multi-arched bridge. In the background, several tall skyscrapers are visible against a cloudy sky. A large white geometric shape is on the left side of the slide.

HOW TO EMPOWER EMPLOYEES DURING A PANDEMIC LOCKDOWN AS A NEW EMPLOYEE

Presenter: Aimie Meier – Summer Housing

Our Vision

All people with disability and complex care needs have the opportunity to live in high quality housing that enables them to live as independently as possible, enhancing their health, well-being and participation in the community



SUMMER
HOUSING



Questions I asked..

- › How do you make sure your employees are ok?
 - › How do you empower someone from afar?
 - › How do you build rapport digitally?
 - › How do you make sure your colleagues are safe; not only physically but also mentally?
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Activities

- › Team building activities
 - › Wellbeing Group
 - › Empowerment Policy
 - › Coffee catch ups
 - › Digital Team lunches
 - › Renew and refresh days
 - › Walking meetings, walking our dog meetings, cancelling meetings
 - › Thank you boxes
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What was really important?

- › Emotional Intelligence
 - › Being aware of my triggers and others triggers
 - › Understanding that we are all humans with thoughts and feelings
 - › Reviewing my days and interactions
 - › Reminding people that it was ok, if they were not ok
- › Trauma Informed Practice theory
 - › Understanding COVID-19 was impacting each of us
 - › Responding in a therapeutic manner



What to do and say..

- › Educate yourself
 - › Educate and empower your team
 - › Open up discussions about mental health
 - › Implement tools and resources
 - › Be willing to get it wrong
 - › Have fun
 - › Be available
 - › Listen
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