

EXECUTIVE SUMMARY

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Predicting risk to inform housing policy and practice



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Executive summary

Key points

- Increasing national housing-assistance expenditure and a growing proportion of the Australian population requiring support indicates the need for optimally targeted, effective forms of housing-assistance interventions.
- Existing evidence about intersectional drivers for housing assistance, coupled with administrative data about housing-assistance recipiency, allow us to examine how early prediction of housing-assistance need could support more effective delivery of this housing assistance.
- The study developed a national predictive model for entering housing stress, based on complexity of critical life events in interaction with household resources. This tool can be used to support timely policy intervention in response to housing shocks.
- Housing stress in this study is calculated using the 30/40 rule to identify low-income households: the bottom 40 per cent (regarding equivalised income) who spend more than 30 per cent of their gross income on housing (Gabriel, Jacobs et al. 2005).
- The study interrogates the Household Income and Labour Dynamics in Australia (HILDA) survey using the survival-analysis method. It examines the impact of critical life events on housing stress to identify characteristics that boost resilience to housing stress, and also to predict the impact of critical life events on the increased risk of entering housing stress. A set of predictive models of 'risk pathways' is developed and extended to the national level using ABS census data.
- Critical life events positively correlated with risk of entering housing stress span across housing, health, finance, family change and justice.
 The incidence of many critical life events is correlated with age.

- The following characteristics are most closely associated with vulnerability to entering housing stress: young to early middle-aged adults (18-44 years), looking for work, and living in rental housing (including both private and social rental). The Northern Territory outside of Darwin has the highest proportion of people with all three characteristics, at 5.8 per cent of the population. In all other areas, that proportion is below 4 per cent.
- The methodology developed for the project provides a proof of concept to facilitate early intervention and prevention.
- Understanding more about upstream critical life events as contributors to housing stress can support policy development options that go beyond the usual administrative boundaries, and support intersectional approaches to reducing housing stress.
- A policy workshop with key stakeholders indicated strong and urgent support for the development of this methodology, and rapid policy application across policy realms, tenures, population cohorts and housing-assistance models.

Key findings

The socio-demographic attributes of household members most vulnerable to entering into housing stress are:

- young to early middle-aged adults (18–44 years)
- · looking for work
- living in rental housing (including both private and social rental).

Housing stress in this study is calculated based on the 30/40 rule to identify low-income households: the bottom 40 per cent (regarding equivalised income) who spend more than 30 per cent of their gross income on housing (Gabriel, Jacobs et al. 2005).

Approximately 70 per cent of people who were unemployed and living in rental housing were in the age group of 18–44 years in all capital cities and the balance of the state areas. The Northern Territory outside of Darwin has the highest proportion of people with all three characteristics: 5.8 per cent of the population. In all other areas, that proportion is below 4 per cent.

The resilient cohort—those least likely to enter housing stress—are owner-occupier older adults (65 years+) who have a postgraduate degree and are engaged in full-time work. Approximately 70 per cent of people aged 65+ were owner-occupiers, with the exception of the Northern Territory (NT): in Greater Darwin, 56.4 per cent of older adults were owner-occupiers and 42.1 per cent in the balance of NT. The proportion of homeowners aged 65+ among all homeowners was lower in capital cities, and especially in Greater Darwin (12.4%) and higher in rest of the state/territory areas, being highest in SA (23.7%) and NSW (23.2%).

Figure 1 summarises the risk ratio of key socio-demographic attributes and critical life events compared to the most resilient cohort, which we have named the 'base person'.

The biggest predictor of risk of entering housing stress is age, with 18–24-year-olds being 214 per cent more likely to enter housing stress than the most resilient cohort (those aged 65+). This risk reduces only slightly to 154 per cent and 156 per cent for those aged 25–34 and 35–44 respectively.

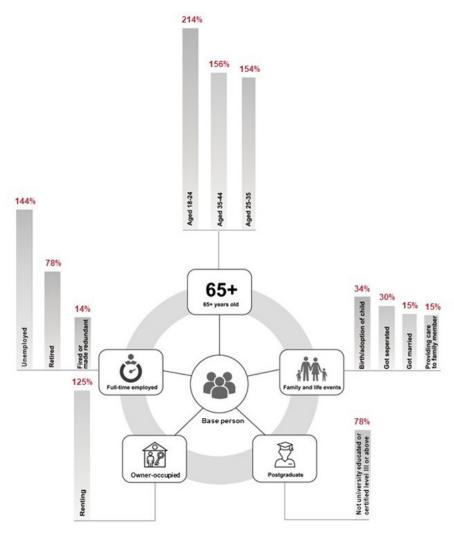
Employment status is the next largest predictor, with unemployed people being 144 per cent more likely to enter housing stress than fully employed people, and retired people being 78 per cent more likely.

Not having a college or university education is associated with a 78 per cent higher chance of entering housing stress. Renters (in private and social housing) are 125 per cent more likely to enter housing stress than owners (outright and with a mortgage).

The critical life events that increase the likelihood of entering housing stress the most compared to the base person are:

- birth/adoption of a child (34%)
- providing care to a family member (15%)
- getting separated (30%) or married (15%)
- being fired or made redundant (14%).

Figure 1: Risk ratio of key socio-demographic attributes and critical life events



Notes: Definition of housing stress - households in the bottom 40% of household income are spending more than 30% of their income on housing. See Appendix 4 for the complete list of risk ratios.

Source: Authors (image: Jiahang Li).

The incidence likelihood of critical life events varies over individuals' lifetime and the type of critical life event. Figure 2 summarises the probability of critical life event occurrence for the entire 2018 HILDA sample.

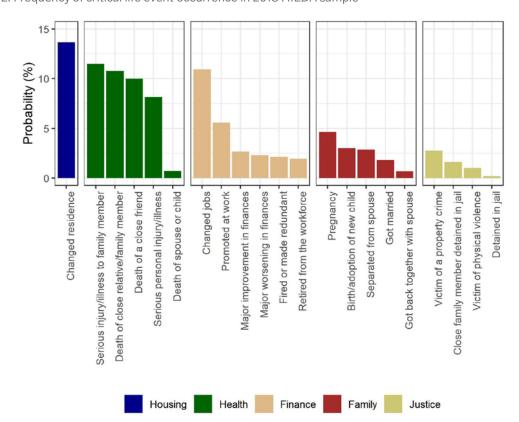


Figure 2: Frequency of critical life event occurrence in 2018 HILDA sample

Source: Data from HILDA survey; authors' original analysis.

The housing critical life event has the highest incidence probability (13.7%); the health critical life event with the highest incidence probability is serious injury or illness to family member (11.5%); and the finance critical life event with the highest probability is changing jobs (10.9%). Family-related critical life events have a lower incidence probability, the most likely being pregnancy (4.6%). Among justice-related critical life events, being a victim of property crime has the highest incidence probability (2.8%).

The incidence of many critical life events is associated with age. Marriage, pregnancy and birth or adoption of a new child are more probable between 25 and 35 years of age. The likelihood of separation before age 25 is between 5 per cent to 6 per cent, which is followed by a decreasing trend after age 25. The likelihood of changing job shows a monotonically decreasing trend from nearly 25 per cent for ages below age 25, to zero after age 70 years. Promotion at work has its peak (at around 12%) between ages 25 and 28. The likelihood of justice-related critical life events remains below 5 per cent at all age groups.

Policy development options

To a large degree, housing-assistance and specialist homelessness service interventions are developed and delivered in relative isolation from wider and interrelated social realms. These include, for example, policies geared toward employment and training, supporting individuals and families through family changes, and policies associated with disability, health or caring. Yet critical life events associated with these wide policy fields can directly affect the ability of households to access and afford adequate housing—or to sustain existing tenancies.

Existing forecasts of housing assistance are based on expressed demand, coupled with population forecasting that does not take account of complex interactions of upstream, contributing factors that result in the need for households to seek housing assistance. As such, they provide limited evidence about how housing policy development can be geared toward a proactive, early interventionist role. Understanding the impact of critical life events that lead to the need for housing assistance is critical to:

- support innovative policy interventions that seek to intervene early and reduce long-term cost to governments, individuals and society
- enable the most effective targeting of housing assistance to households in need
- assess the ways in which household resources interact with housing assistance in short-term and long-term models of housing-assistance provision.

Through the development of a risk-pathways model, we make a case for a targeted systems approach to housing support, which has the potential to increase the resilience of households to weather shocks at the same time as allowing for more efficient targeting of government resources. This research has developed a proof of concept. This comprises a conceptual and methodological approach toward a wider interrogation of how a prevention and early intervention approach can form a central component of future housing-assistance models in the Australian context.

A policy workshop with key stakeholders confirmed the relevance of the approach developed in this research. The discussion indicated strong and urgent support for the development of our methodology in the form of a 'how to' prototype, for ongoing development and rapid policy application across policy realms, tenures, population cohorts and housing-assistance models.

Further development of a systems approach to housing intervention will require the following.

- A wide-ranging review of international and national best-practice prevention and early intervention housingassistance approaches to inform policy thinking in the local context.
- Scaling up of the methodology developed in this report to large-scale administrative linked data sources to further refine the method and enable investigation of housing responses to a wider range of critical life events including those associated with justice policy and practice.
- Ongoing dialogue with key policy, practice communities and recipients of supports, to inform development of
 prevention and early intervention approaches as a mainstream and core component of the housing-assistance
 ecology nationally.



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