

Integrated social housing with psychosocial support

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Inclusion statement



Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.

We are committed to inclusion for all our clients, families and carers, employees and volunteers.

We value the expertise and leadership of people with personal lived and living experience of mental health challenges and alcohol and other drug use, and families and carers as we work together to influence and transform the services and systems in which we work



About Mind



We support people experiencing mental health and wellbeing concerns to find help, hope and purpose in their lives.

- one of the **largest providers of community-managed psychosocial services** in Australia, with a range of residential, mobile outreach, centre-based and online services
- a **leading employer of people with lived experience** of mental ill-health, recognising their unique ability to connect with, support and guide a person's recovery. We employ 1000+ people
- Last FY we **provided support to 13,097 individuals** across VIC, QLD, SA and WA
- one of the **leading specialist community housing providers** in Australia for people experiencing a psychosocial disability, including long-term, 24/7 supported social housing with The Haven Foundation
- a **registered NDIS provider**, entrusted to deliver federal and state government funded services across Australia.

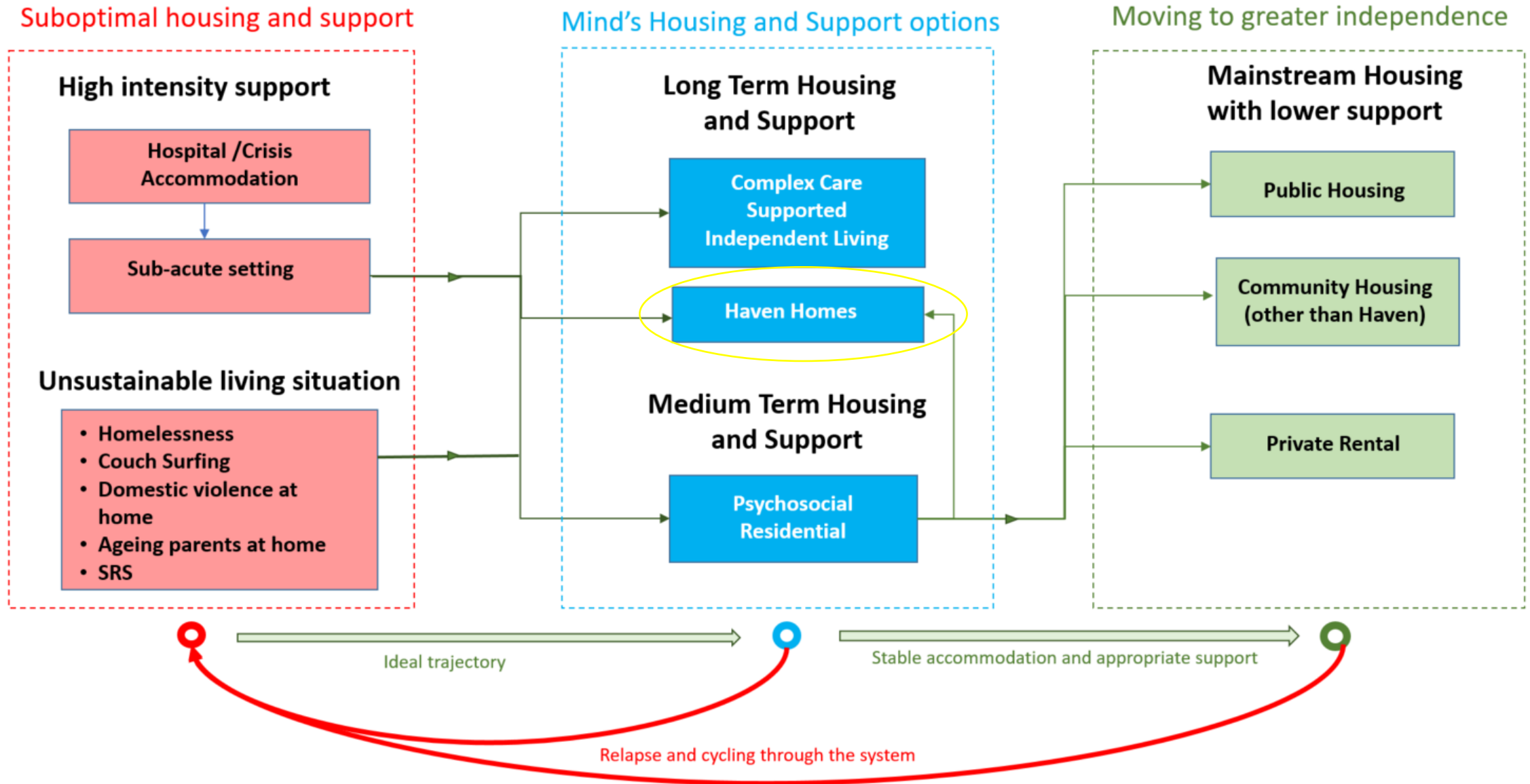
About The Haven Foundation



- A Community Housing Agency who specialises in developing and delivering long-term social housing designed for people living with significant mental health and wellbeing concerns
- Each Haven consists of 12 - 16 individual self-contained units (each with its own outdoor area) plus substantial shared community living space and staff area.
- Each Haven residence is built within a community that is close to all essential services.
- Mind provide onsite qualified community mental health staff providing 24/7 NDIS funded support.
- A family-inclusive and peer-led approach to supporting recovery and building capacity to reduce functional impairment.



Recap: Where Haven fits in the Mind Australia Housing & Support continuum



Haven service model



THE HAVEN RESIDENCE: Social Housing



Co-designed Haven Design Principles



Safe, secure housing in independent apartments



Tenancy Agreements and support to maintain tenancy



Community connections: Shared spaces promote peer learning



Long term housing option

MIND MODEL : Recovery-oriented supports



Evidence-based intervention



24/7 staff. Individualised and shared supports planned.



Building capacity and support with activities of daily living



Peer workforce Family participation



Support to build independence

Demographic snapshot

Most common primary diagnosis is

Schizophrenia (42%)*

The **youngest** client is **19**
The **oldest** client is **63**
The **average** client age is
44

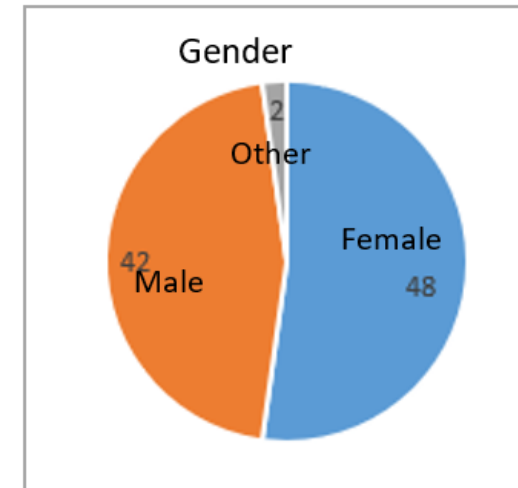
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People identify as
Aboriginal and/or
Torres Strait Islander

FY22-23

32% of new residents moved to a Haven **from their family home**

20% of new residents moved to a Haven from a **CCU**

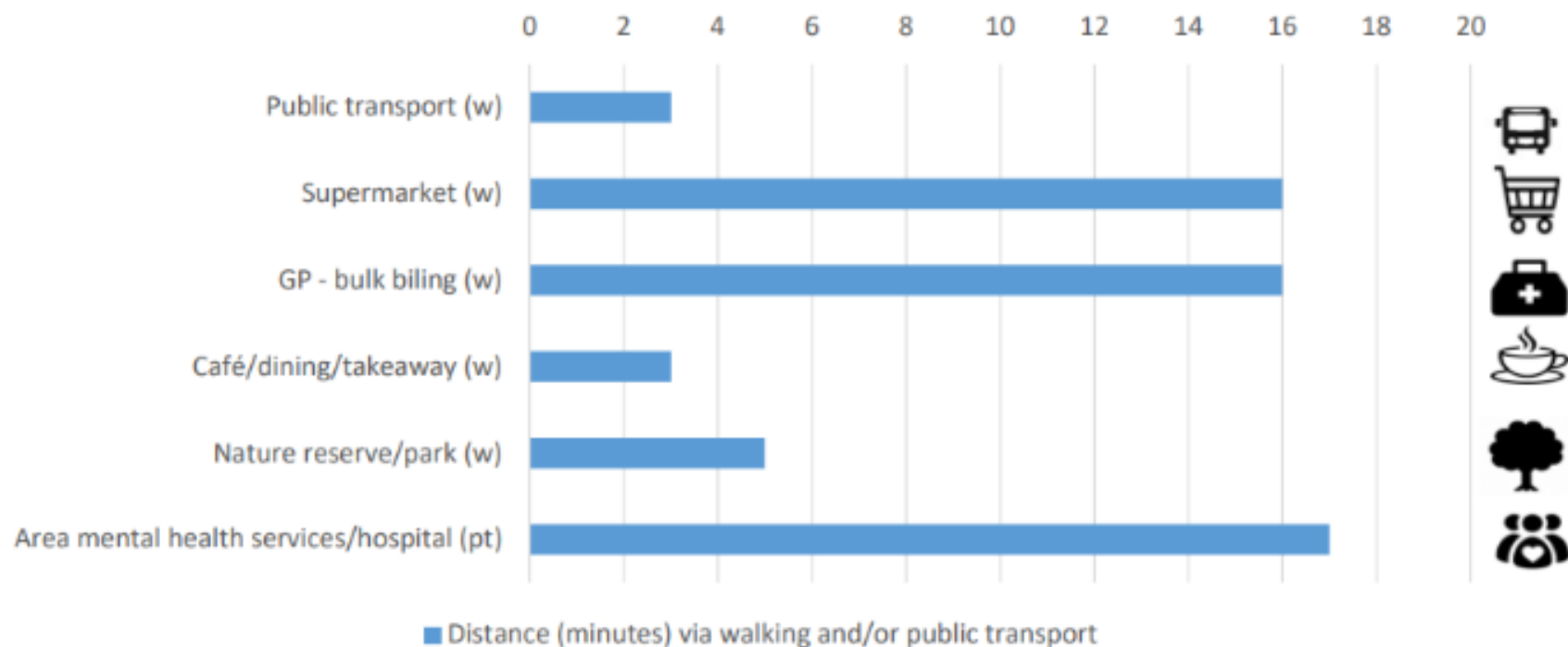
16% of new residents were **experiencing homelessness** prior to moving to a Haven



30% of residents have a dual disability

Project 8: 81-83 Menzies Dr, Sunbury

Distance* (minutes) via public transport or/and walking



*Source: google maps. (w) – walking only, (pt) – walking plus public transport

Mind Services Footprint

NDIS services
Family & Carer Services

Proposed Development

# units	16
Cost of Land	1M
Size	1,668sqm

Location Summary

- 3 min walk to PT
- 16 min walk to GP
- 8 min walk to parkland,
- 6 min walk to café

Demographic (City of Hume LGA)

Aboriginal population	1%
Born Overseas Population	20.9

NDIS demand - (City of Hume LGA)

Total NDIS psychosocial packages	16.7M
NDIS Psychosocial population	524

% of Social Housing (Vic avg 3%)
(Sunbury district)

1.5%

No. of people VHR Priority list:
(Sunbury district)

588

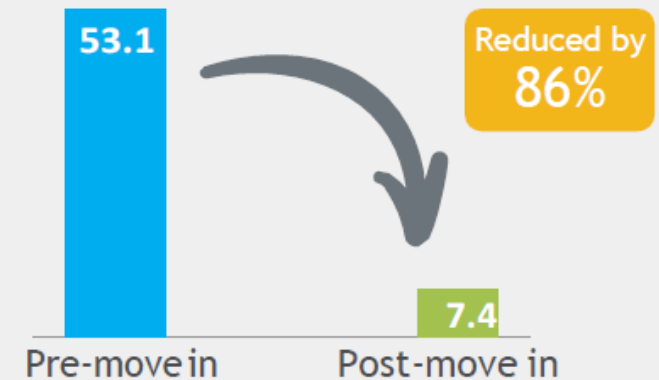
Findings from independent evaluation:

Outcomes and Evaluation

Progress Reports from a Five-Year Independent Evaluation of Haven by La Trobe University indicate participants experience:

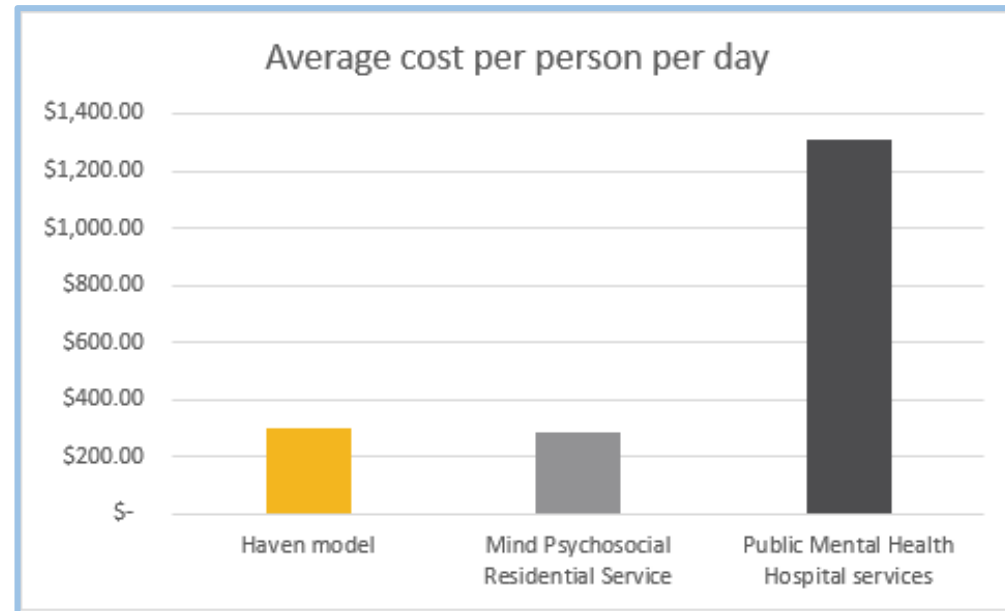
- reduction in mental distress
- improved self-confidence and skills for independent living
- enhanced sense of connection, empowerment, and hope
- general trend towards reduction in psychiatry-led care to primary care management, with an increase in GP-led care

Average days hospitalised



Hospitalisations: Internal analysis of hospital length of stay in days 12 months prior, and 12 months after moving into Haven (n = 29)

Reducing hospitalisations



The average cost per night of the Haven model is approximately \$302, compared to the \$1306 per night cost of hospital-based mental health services (AIHW, 2023) representing potential savings to state and territory health services, as well as the NDIS via lowering the likelihood of increases to package size post leaving.

The Haven model: reducing hospitalisations

The following text is a quote written by the resident about his experience with the Haven model:

"I have been living with Schizophrenia for over 20 years. Before I was living at Frankston Haven I was living at Frankston CCU [community care unit – a clinical residential program] for 2 years, I rarely left my room, and participated in other recovery programs throughout the years to help me manage living with my illness.

Since living at the Haven my quality of life has improved significantly and I have been able to socialise more often, join daily groups run by staff and make more friends. I am able to be a lot more independent and keep up a good routine."
Resident

This resident has since **achieved more recovery goals**, including joining a local cricket club and presenting at a conference.

Growth of Haven Foundation

Haven
Growth
Pipeline



Year complete	# of Locations	# of Homes	States
In operation	6	96	VIC
End of 2023	6	98	VIC
2024	11	146	VIC/SA
2025-26	7	100	VIC/NSW
TOTAL	30	440	VIC/NSW/SA

“ Living at Haven keeps me busy and it’s better than being by myself. There’s always something happening here and it’s good for me, socially, to meet some new people. I can have a cup of tea, talk with others and make new friends. ”

Future variations of the model

- women’s only/non-binary
- First Nations
- Non-24/7
- Young people





Haven Geelong

Psychosocial Disability



17.2%

NDIS participants with psychosocial disability (primary 56,600) and (secondary 35,100) (NDIS Review, 2023)



14.6%

Years lived with disability attributed to mental illness, the largest single cause globally (Vos et al., 2019)



36%

Of participants with psychosocial disability have **"Where I live"** as a goal, compared to 18% of all NDIS participants (NDIA, Quarterly Report Q1 2022-23)



\$56.7M

Cost of severe mental illness in Australia (RANZCP, 2016)



5%

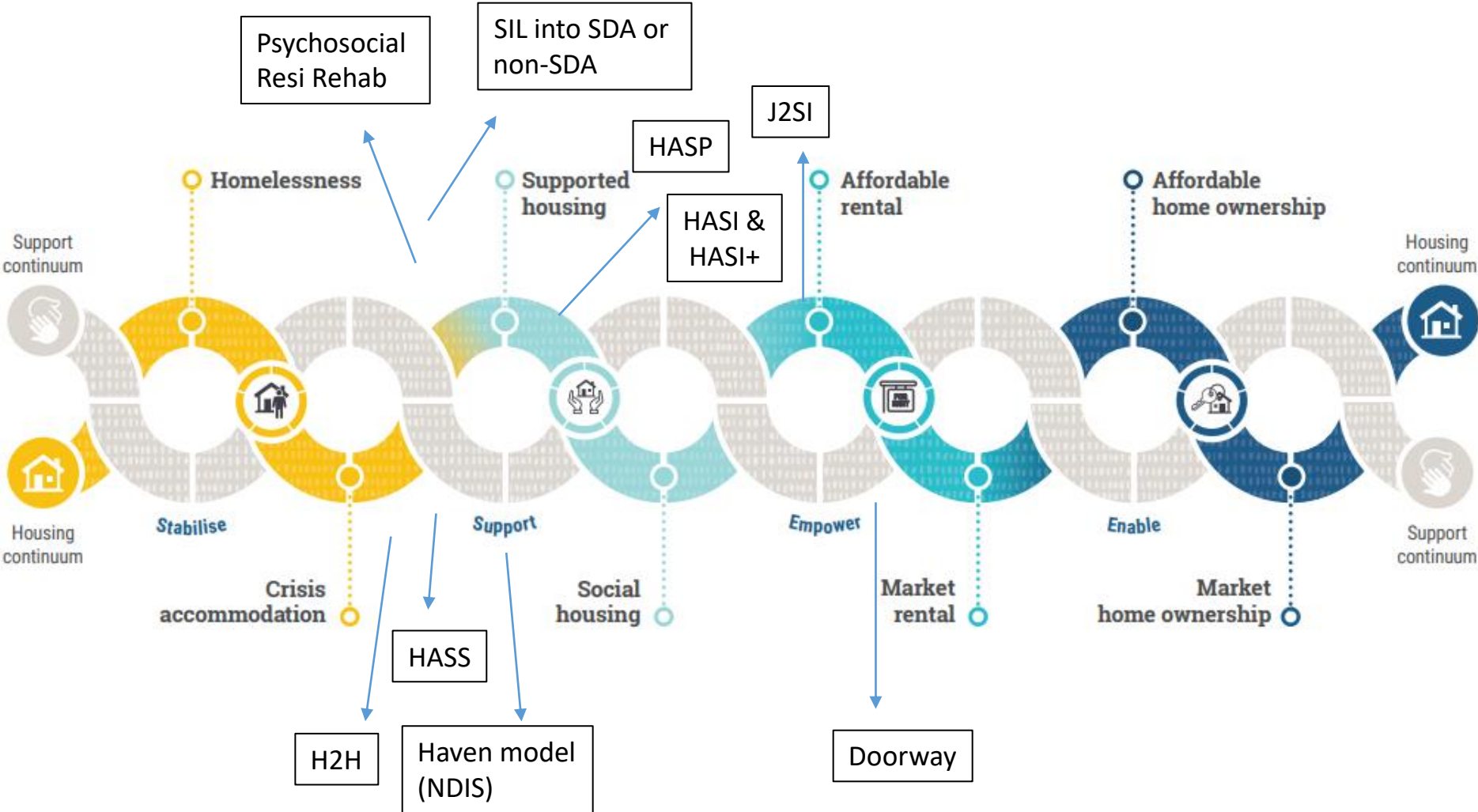
Of NDIS participants have SIL funding, of which 11% are participants with psychosocial disability (NDIA, Quarterly Report Q1 2022-23)



150,000 +

People with psychosocial disability estimated to be missing out on NDIS support (Productivity Commission, 2020)

A non-exhaustive list of psychosocial housing programs



mindaustralia.org.au

Mind Connect 1300 286 463

Carer Helpline 1300 554 660