

My Skills for Life

An on line living skills platform

Presented by Jason Juretic – Stepping Stone House

My Skills For Life

Why teach living skills in a homeless youth refuge



- Children and young people significantly neglected
- Lack basic of life skills
- Stepping Stone House teaching kids from a short list of 50 skills
  - Cook 10 dishes
  - Emotional regulation
  - Secure a job
  - Flooded kitchen
- Youth workers life skills knowledge varied
- NSW Education annual Yr 12 survey cites a lack of life skills being a shortfall

A QUICK TEST




CRANE


Supply Tubes
Supply Tubes
Turn to Shut
off water
Turn to Shut
off water

Why

My Skills For Life




COVID-19

The creation of

My Skills For Life



- The original list - 50 skills
- Bottle of wine inspiration – 250 skills
- SSH children and youth graduates – 450 skills
- Partners and out kids – 800+ skills
- High-quality content informed by specialists, e.g., Westpac financial skills experts, therapeutic specialists, Aboriginal leaders and professional recruiters. Better than Artificial Intelligence!
- Approached

Adobe

- Team of 8 interns – free of charge!
- Utilised engaging short form videos
- Developed and proven from 2021 - 2026
- 11,000 life skills completed to date
- Publicly available **https://myskills4life.com.au/**
- Secured $250,000 in grants

My Skills For Life

Funding and Development Partners

- Annie Danks Trust
- DCJ
- Lotus People
- Equity Trustees
- QBE
- Adobe Foundation
- Westpac
- Sustain Recruit
- Grant Partners
- Others
- Stepping Stone House



My Skills For Life

What is MSFL?

On-line learning resource (learning management system)

Designed for 14 yrs olds to adult

8 key sections = 808 life skills

Can self-navigate their way through

BETTER work through with their mentor, coach or case manager as builds **enduring relationships** (NB Layla – plenary)

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Video overview



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Incentives



8 sections are completed – e.g. refurbished laptop / vouchers up to $250



2 sections – e.g. 2 movie tickets



CONGRATS

Rewards for completing the skills!

6 sections – e.g. activities up to value $100





4 sections – e.g. 2 gold movie tickets / activity up to $70

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Quotes from Our Young People

I was talking to my mates at school yesterday and realised that they don't know so many of the things I have learned using My Skills for Life. I honestly feel like I have an unfair advantage and I live in a refuge!



Matt



Patrick

These are the life skills I need to make the most out of life. I love having all the credible information in one place. I really enjoyed the modules because they were informative and easy to understand.

It is just amazing, I feel like I will become a strong, independent and knowledgeable person with the help of these courses.



Melissa

Hear from Matt - why MSFL?

My Skills For Life

Our Vision



My Skills for Life: What's next?

- ✓ Step 1 - Live
- ✓ Step 2 - 200 SSH youth
- ✓ Step 3 - 46K kids experiencing or at risk of homelessness

Bridge it

youth off the streets

OZHARVEST

50 YEARS TALDUMANDE YOUTH SERVICES

My Skills For Life

Our Vision



My Skills for Life: What's next?

- ✓ Step 1 – System Live in 2022
- ✓ Step 2 - 200 SSH youth
- ○ Step 3 - 46K kids experiencing or at risk of homelessness
- ○ Step 4 - 48K kids in care
- ○ Step 5 - Kids in Youth Justice System
- ○ Potentially monetise to support homeless youth

My Skills For Life

Want to be a part of that Vision?

My Skills 4 Life website



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My Skills For Life



Thank you

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